



# Health Equity for LGBTQ+ Adults

7%

About **7%** of United States adults identify as LGBTQ+. In New York, over **1 million adults** identify as LGBTQ+.

Source: NY. Gov

23%

Binge or heavy drinking is **23% higher** among LGBTQ+ adults as compared to **17%** of the general New York population.

Source: NY. Gov

44%

**44%** of lesbians experience rape, physical violence, or stalking by an intimate partner, compared to **35%** of straight women.

Source: CDC National Partner & Sexual Violence Survey

53%

**53%** of Black transgender adults are at increased risk of being sexually assaulted in their lifetime.

Source: US Transgender Survey

30%

Among LGBTQ+ adults, the rates of mental distress are higher, with **30%** for transgender individuals compared to the general NY population rate of **12%**.

Source: NYC. Gov

We must work to create safe and affirming spaces for LGBTQ+ youth, provide access to healthcare, mental health services and support networks, and address family rejection and discrimination.

