



# NYC MENTAL HEALTH CARE INFO FOR NEWLY ARRIVED ASYLUM SEEKERS

You have the right to services, regardless of income, health coverage and immigration status.



## **MIXTECA**

245 23RD STREET  
2ND FLOOR BROOKLYN, NY 11215

- OFFERS HEALTHY RELATIONSHIPS SUPPORT IN BOTH GROUP AND INDIVIDUAL COUNSELING & EMOTIONAL SUPPORT
  - FOR MORE INFO CALL: 718-965-4795
- LGBTQ + LATINX EXPERIENCE THE HIGHEST RATES OF HOMELESSNESS FOR MORE INFO ON LGBTQ+ SUPPORT GROUPS:
  - CALL: 718-965-4795

## **WEILL CORNELL MEDICINE**

MEDICAL COLLEGE CENTER FOR HUMAN RIGHTS

1300 YORK AVENUE NEW YORK, NY 10065

- PROVIDES A LIST OF MENTAL HEALTH RESOURCES FOR FREE OR LOW COST MENTAL HEALTH SERVICES FOR ASYLEES

## **BELLEVUE NYC HEALTH + HOSPITALS**

### **PROGRAM FOR SURVIVORS OF TORTURE:**

NYC HEALTH + HOSPITALS/BELLEVUE

462 FIRST AVENUE, CD 732

NEW YORK, NY 10016

- [INFO@SURVIVORSOFTORTURE.ORG](mailto:INFO@SURVIVORSOFTORTURE.ORG)

## **NYC WELL**

NO ACTIVE LOCATION

FOR CRISIS SUPPORT:

CALL 1-888-692-9355 OR 1-888-NYC-WELL

- NYCWELL ALSO OFFERS MOBILE CRISIS TEAMS

## **SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION**

- THE DISASTER DISTRESS HELPLINE:
  - PROVIDES SERVICES 24/7, 365 DAYS A YEAR
- CALL 1-800-985-5990 TO CONNECT WITH A CRISIS COUNSELOR

## **NATIONAL SUICIDE PREVENTION**

### **LIFELINE:**

- CALL 988 TO BE CONNECTED TO FREE AND CONFIDENTIAL SUPPORT AND CRISIS RESOURCES FOR YOU OR YOUR LOVED ONES.

## **NYC CARE**

- CALL: 646-NYC-CARE / 646-692-2273
- NEW YORK CITY GUARANTEES HEALTH CARE FOR ALL NEW YORKERS - AND THAT INCLUDES MENTAL HEALTH CARE.